

Praise for Tributaries: A Book of Poetry

“Pamala Ballingham’s work makes a significant contribution to the Great Work of our time – in these poems, she listens to the hidden voices of the world and sings them back in intimate and beautiful words that bring us into deeper connection with all of life.”

Lyanda Fern Lynn Haupt
Author of *Mozart’s Starling, and Crow Planet*

“Pamala Ballingham has a unique quality that allows her to join heart and mind in a way we can all resonate with. For her, mind becomes a vehicle for the heart to sing its songs in a language that penetrates to the very core of the listener. Her poems are genuine heart-to-heart communications, imbued with a deep spirituality that brings us face to face with the great mystery of Being. I find myself savoring them, digesting them, then going back for another serving!”

Upasaka Culadasa (John Yates, Ph.D.)
Author of *The Mind Illuminated: A Complete Guide Using Buddhist Wisdom and Brain Science*, Director of Dharma Treasure Buddhist Sangha

“Pamala’s poems are tributaries in the greater stream of a poetic tradition that is deeply rooted in the natural world and informed by a spiritual understanding that places the reader in that world – the only world we have.”

Larry Robinson
Founder and producer of Rumi’s Caravan, poet, author of *Roll Away The Stone*, retired Eco-psychologist

“A lifetime of involvement with Native practices and Buddhist meditation has prepared Pamala uniquely for this calling. Can you hear it? The silence of the Sonoran desert speaks directly through her.”

Shinzen Young
Author of *The Science of Enlightenment: How Meditation Works*, neuroscience research consultant

“Playful, powerful, perfect. The descriptions held in each beautiful piece tantalize the senses for the young and old alike.”

Pauline Wilson
Poet and educator

“Pamala Ballingham brings her years of wisdom, travel, and spirituality into this treasured collection of poetry. Her imagery at once gives you chills and makes you chuckle. The meter is so well-crafted and so playful that I find I can only read, and reread, these poems out loud.”

Tucker Peck
Ph.D., Licensed Clinical Psychologist, Director of Palo Santo Psychotherapy & Wellness, and Pragmatic Dharma Teacher

“Poignant verses delicately bridge the heart and mind in visually captivating descriptions. Pamala Ballingham skillfully connects the reader to beauty, wonder, joy, and love of life through her words. There is a poem, poetic story, or haiku for everyone.”

M. Bond
Author of five books, co-author of two

“This collection of poems is an incredible feast for all the senses. Allow yourself to be taken on a magical ride of emotions, times, and places that will touch your very core.”

Theresa Landow
Author

“This engaging book of free verse, story poems and a chapter of haiku takes the reader on a spiritual journey of mystical and natural exploration. The journey begins by awakening the senses to piñon pines and places far away. These poems have undertones of grief and loss with an even greater understanding of the natural order and beauty within the circle of life.”

Shaman Vitki
NewAgeBooksReview.com

“Each page of *Tributaries* offers a magical invitation to see the world with awe. The gentleness and emotion leave me yearning for more.”

Alisha Wilson
Business owner